



Mind Garden Therapy Ltd

Counselling • Psychotherapy • Psychology

COVID-Secure Space

Please help us adhere to government guidelines during the COVID-19 Pandemic:

- Text your therapist on arrival so they can admit you.
- Do not knock or use the buzzer as this disturbs sessions in progress.
- If you arrive early please be prepared to wait outside.
- Do not phone our landline to gain entry, your therapist must admit you to the building.
- Use hand sanitiser upon entering the building. This is available at the front entrance.
- Wear a face mask while in common areas.
- Maintain 1m distance from others in the building.

Many thanks in advance for your assistance.