

# Working With Trauma

## *A One Day Training*

Sunday 14 May 2017

Clinical Considerations, Safe Practice & Therapeutic Interventions  
A one day training to deepen your knowledge in trauma work. The focus will be on practicing safely and interventions that facilitate healing in an integrative way.

On this training you will learn:

An overview of trauma therapy theory.

What happens to the brain and body during trauma?  
Recognising trauma, PTSD and other trauma reactions.

How to practice safely:

Clinical considerations and safe practice. How to reduce flashbacks and symptoms of PTSD.

Therapeutic interventions: The importance of an integrative approach and working with both mind & body.

The needs of the clinician when working with trauma.

**Tutor:** Silva Neves MBACP, Accredited Psychotherapist with the College of Sexual & Relationship Therapy (COSRT) and therapist trained in somatic trauma body psychotherapy and EMDR.

Silva specialises in trauma work with adult survivors of sexual abuse and neglect. He is a supervisor with busy private practices in London and Reading.

**Time: 9:30am to 5pm. Cost: £100:00**

**CPD certificates will be issued.**

For more information or to book a place:

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## *Mind Garden Therapy*

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